

Inside



Bayou Medical Management, PPO, LLC

Spring 2009

Dr. Clark Gunderson - Orthopedic Surgeon in Lake Charles

Bayou Medical Management is happy to welcome Dr. Clark Gunderson as the newest provider in our PPO Network. Dr. Gunderson is a board certified orthopedic surgeon who has been practicing in Lake Charles, Louisiana for over thirty years. Dr. Gunderson is an active participant in such organizations as the American Medical Association, American Academy of Orthopedic Surgeons, and the North American Spine Society.

Dr. Gunderson started his medical career in South Dakota where he received his Bachelors Degree in Science from the University of South Dakota. From there he traveled south to Texas where he obtained his Medical Doctorate from the Baylor College of Medicine. In 1973 he moved to New Orleans where he completed a Surgery Internship with Charity Hospital. In 1978 Dr. Gunderson completed a Residency in Orthopedics at Charity Hospital. After finishing school Dr. Gunderson moved to Lake Charles where he opened his own practice and has been operating for thirty years. Dr. Gunderson is licensed to practice medicine in Louisiana, Texas, and South Dakota.

With his primary focus in the area of orthopedic surgery, Dr. Gunderson specializes in a number of procedures. He



performs surgeries that focus on the Lumbar and Cervical parts of the spine. Such procedures include Cervical and Lumbar Fusions, Disc Replacements, Disc Decompressions, and Laminectomies. Dr. Gunderson performs general orthopedic procedures that range from knee and shoulder arthroscopies to rotator cuff repair and hip replacements. He also has the capability to perform non-surgical procedures such as epidural steroid injections for the cervical and lumbar spine.

During his medical career Dr. Gunderson has served many positions throughout the medical community. He was appointed Chief of Surgery at Lake Charles Memorial Hospital three different times. In 1992 he was appointed to the Board of Trustees at Lake Charles Memorial where he served for two years. In 1996 he was appointed president of the Louisiana Orthopedic Association and in 2002 was appointed to the Board of Councilors for the American Academy of Orthopedic Surgeons.

With so many accomplishments under his belt Dr. Gunderson remains grounded in Lake Charles and will continue to serve the community for years to come.

Lake Charles Memorial Hospital - Rising Above the Standard

Medical expertise, superior care and excellent service go hand-in-hand with Lake Charles Memorial Hospital's efforts to continually raise the standard of patient care.

Treating approximately 12,000 in-patients and more than 36,500 emergency room patients annually, Memorial Hospital is the region's leading healthcare system in southwest Louisiana. Behind our success is a team of nearly 1,500 employees and more than 300 physicians representing 50 specialties and subspecialties, all dedicated professionals with unsurpassed skills, uncommon compassion



and an unshakable commitment to the community they serve. Licensed for 324 beds on their Oak Park campus, they also offer specialized services off-site at the 38-bed Lake Charles Memorial Hospital for Women.

The only not-for-profit, community hospital in Lake Charles, Memorial provides a full spectrum of services, with an emphasis in trauma and emergency medicine, diagnostics,

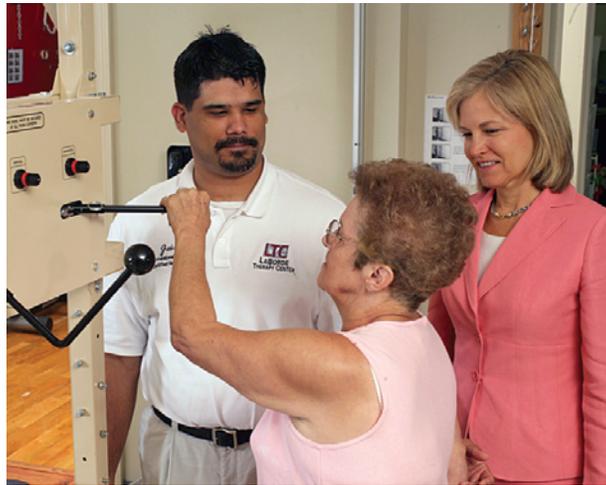
medical and surgical services, and orthopedics, among others.

Continued on page 3

Laborde Therapy Center - Lafayette's Premier Therapy Center

Bayou Medical Management is happy to welcome Laborde Therapy Center as the newest provider in our PPO Network. Serving Lafayette for close to three decades, Laborde Therapy Center has focused their practice on the treatment of hand and upper extremity disorders. Along with Claudia Laborde a certified hand therapist, Laborde has two other occupational therapists on staff to handle the majority of the rehabilitation. The certified hand therapist (CHT) is the only internationally recognized credential for therapists who specialize in upper extremity rehabilitation of patients with problems affecting the hand, wrist, elbow, and shoulder. They also have two physical therapists on hand to help with the rehabilitation of hands, arms, legs and serious back injuries.

Each patient who passes through Laborde's doors will not only receive top notch medical treatment, but will also be given thorough evaluations and progress reports to monitor their progress during the rehabilitation process. Objective progress reports are routinely sent to physicians, employers, and insurance companies. Specific measurements are always taken to document



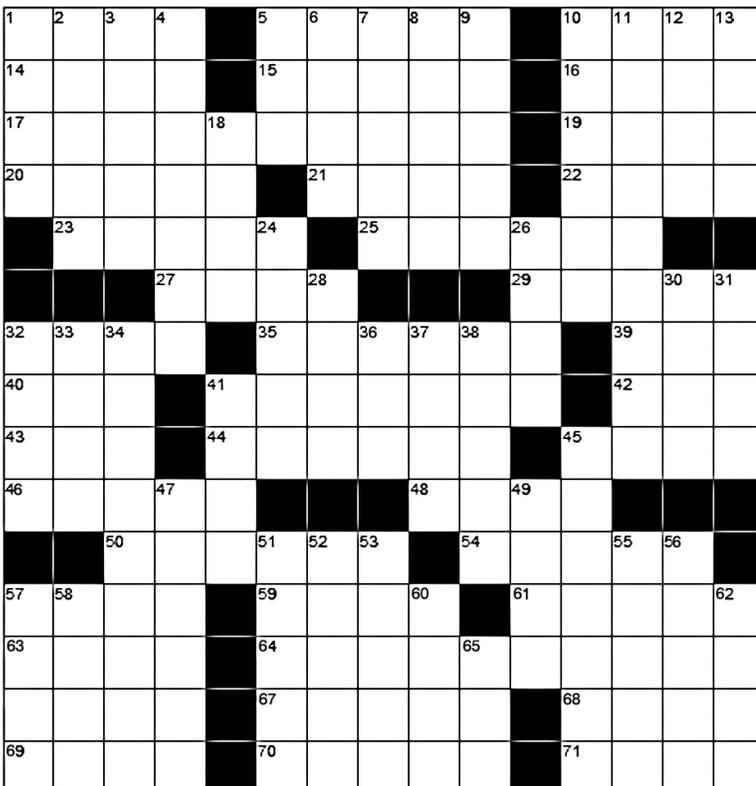
progress, and these are always related to functional outcomes.

Laborde can work as consultants with various industries to establish preventive programs for workers at risk of developing cumulative trauma disorders. They can recommend modifications of work stations and alternative work methods to help ensure healthy work styles of all employees.

Laborde's typical methods of treatment include management of open or sutured wounds to aid healing, control of hypertrophic (raised or swollen) scars, and management of acute/chronic pain. Laborde can design and implement exercise programs to increase motion dexterity and strength.

The end result of accurate assessments and treatment made by a specialized hand therapist equals a shorter treatment time. The therapist's specialized training and clinical expertise provides a quick identification of pathology and complex problems to the upper extremity. This translates into immediate care and the most effective forms of treatment, resulting in a faster recovery or rehabilitation.

Crossword Puzzle



ACROSS

- 1: Sleeveless outer garment
- 5: Outer limits
- 10: A pink one means trouble
- 14: ___ nitrate
- 15: It may be full of lemons
- 16: Give up
- 17: Goldbricked
- 19: Bug-eyed
- 20: ID item
- 21: Used to be
- 22: Wire diameter units
- 23: Peevish states
- 25: They're sweet and viscid
- 27: Geographical seven
- 29: Jockey's wear
- 32: Utter loudly
- 35: Lace-up girdle
- 39: 'Caught you!'
- 40: Lambaste
- 41: Happens to
- 42: Summer coat?
- 43: Band blaster
- 44: Fit for farming
- 45: Cubbyholes?
- 46: Visionaries
- 48: Decision made at home?
- 50: Cut canines
- 54: Add up
- 57: Film crew member
- 59: Wisher's place
- 61: Gave in
- 63: Greek letter
- 64: On the fence
- 66: Litigates
- 67: Betray contempt
- 68: Golf ball pegs
- 69: SAT part
- 70: Hang around
- 71: Act petulantly

DOWN

- 1: Something to make at night and break in the morning
- 2: Asian caregivers
- 3: Traffic cone
- 4: Snobbish sort
- 5: Chicken-to-be
- 6: Girls' books hero Nancy
- 7: Impales
- 8: Each's partner
- 9: Kosher meal
- 10: Shrimp dish
- 11: Make laws
- 12: Object of pagan worship
- 13: Wooden pins
- 18: Memo
- 24: One-edged sword
- 26: Takes advantage of
- 28: Soft seat
- 30: 'Star Trek II: The Wrath of ___'
- 31: Lacking, along the Loire
- 32: Lingerie buys
- 33: Margarita flavoring
- 34: Chowhounds have big ones
- 36: Smidge
- 37: Misfortunes
- 38: Sole projection
- 41: Pyramid bottom
- 45: Profoundly dislikes
- 47: Meal
- 49: Central points
- 51: Plot device
- 52: Reddish orange dye
- 53: Adjective for some statesmen
- 55: 'Farewell, François!'
- 56: Knock down
- 57: Main point
- 58: Bounder
- 60: Dirty look
- 62: Kind of calendar
- 65: Blubber

For the solution please go to:
www.bmmppo.com/solution

Open Air MRI of Lake Charles - Bringing Excellence to Lake Charles

Bayou Medical Management would like to welcome Open Air MRI of Lake Charles as the newest addition to our network of providers. Located on Lake Street in Lake Charles, Louisiana, Open Air MRI of Lake Charles utilizes advanced technology such as their Hitachi Airis II open MRI Technology. Procedures are administered by highly trained and certified imaging technologists with imagery interpreted by professional radiologists. Open Air MRI of Lake Charles practices a "patient first" approach to their imaging. Open Air MRI of Lake Charles equipment, staff, and technology are one of the best in the area, providing competent and professional care both to patients and physicians.



The Hitachi Open MRI features an air gantry design that reduces claustrophobic feelings resulting in lower anxiety levels

physicians with high-resolution images in as short a timeframe as possible.

during an imaging session. Open Air MRI of Lake Charles is proud to boast one of the fastest turnaround times for getting imaging results to a patient's referring physician. The facility performs various types of MRI's as well as CT Scans and X-Rays.

Open Air MRI of Lake Charles features the Phillips 1.5 Tesla MRI Unit. The Phillips Unit is a powerful high field magnet resulting in faster scanning times, which equals shorter examinations, and increased resolution and diagnostic capabilities.

Open Air MRI of Lake Charles provides services with the comfort and safety of the patient in mind and with the goal of providing their referring

Lake Charles Memorial Hospital (continued from page 1)

Regional Trauma and Emergency Center

As the regional trauma center for southwest Louisiana, Memorial's emergency department provides comprehensive trauma care. Their experienced staff includes nurse practitioners and registered nurses with certification in emergency nursing, a clinical educator, and certified sexual assault nurse examiners. Equipped with 19 treatment rooms, of which 8 are capable of cardiac monitoring, the trauma program includes:

- Board certified emergency physicians
- Memorial/LSUHSC family practice residents
- LifeFlight Air Ambulance
- Fast track for treatment of minor emergencies
- Two trauma suites equipped with invasive hemodynamic monitoring, ventilator support and radiology capabilities for orthopedic treatment
- Decontamination room with negative pressure for handling any type of hazmat chemical contamination
- Two isolation rooms for possibly infectious patients

Medical and Surgical Services

A full spectrum of medical and surgical services are provided in a comfortable, private and caring environment:

- Board-certified general, vascular, cardiovascular, orthopedic, and neurosurgeons, as well as family and internal medicine, urology, pulmonology, gastroenterology, endocrinology, and critical care specialists.
- Comprehensive respiratory, physical, speech and occupational therapy programs
- Medical intensive care unit
- Home health services
- Wound care and hyperbaric oxygen services

- General, laser and minimally invasive surgery
- Diagnostic imaging, pathology and clinical laboratory services
- Skilled nursing and long-term acute care

Orthopedic and Sports Medicine Services

Lake Charles Memorial Hospital is southwest Louisiana's trusted leader in orthopedics and sports medicine. Our orthopedic physicians are experts in bone and joint medicine. From advanced endoscopic surgery for carpal tunnel, to pioneering minimally invasive arthroscopic knee and shoulder repair, to the latest diagnostics and treatment for back pain, to cutting-edge sports medicine and rehabilitation, Memorial Hospital is leading the way in comprehensive orthopedic and sports medicine care in Lake Charles. They provide a multi-disciplinary approach and a continuum of care, beginning with expert consultation and continuing through diagnostics, treatment, follow-up and rehabilitation services. Many of their physical therapy and athletic training programs are designed to prevent injuries and screen for risk factors. In all aspects of orthopedic care, their goal is to develop and maintain the highest standards of clinical practice and patient satisfaction.

- Board-certified orthopedic surgeons, neurosurgeons, sports medicine specialists and physiatrists
- Advanced minimally invasive orthopedic surgery
- Physical and occupational rehabilitation
- Advanced diagnostic capabilities
- Regionally recognized sports medicine program

Medical expertise, superior care and excellent service... they have it all at Lake Charles Memorial Hospital.

Performance Medical

Outperforming the Competition

Bayou Medical Management is happy to welcome Performance Medical (PMI) as the newest provider to our PPO Network. Performance Medical is based in New Orleans, Louisiana and provides service to patients from the Mississippi Gulf Coast to Baton Rouge since 1995. Performance Medical works with various physicians to provide patients with quality diagnostic testing in the areas of Electromyograms (EMG) and Nerve Conduction Velocity Tests (NCV). Performance Medical is a mobile company that has the capacity to schedule and reach their patients in a timely and efficient manner, far surpassing normal physicians scheduling capabilities.

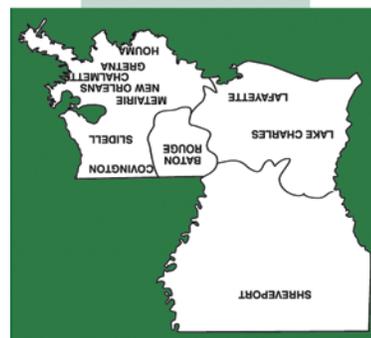


In addition to speed and accuracy, PMI provides detailed progress reports and accurate diagnosis for physicians so they may proceed with the appropriate treatment. Performance Medical has certified techs on staff who travel to work with each physician in order to perform the necessary procedures and properly diagnose each patient.

Performance works closely with orthopedic surgeons and neurosurgeons to help assist in the diagnosis of many neck and back disorders. They are also working with general orthopedics to properly diagnose cases of severe carpal tunnel syndrome.

Inside BMM is a quarterly newsletter published by Bayou Medical Management, PPO LLC. BMM does not prescribe medical advice. Comments are welcome. For additional information, contact us as follows: Tel: 225-448-2591, Fax: 225-448-2594 Mailing address: BMM, Attention: Kyle Kinberger, Marketing Manager, 9441 Common Street, Suite C, Baton Rouge, LA 70809.

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